

Lesson Topic: Structured Check-in
(repeated once every third class day)

Unit Questions Connected to Lesson:

- How can we recognize our own successes and challenges?
- How can we relate to others?

Goals Connected to Lesson

A: Skills

SDL: Self-awareness

- Recognizes own strengths and successes
- Recognizes own feelings, interests, curiosity, motivation, and effort
- Recognizes own challenges and acknowledges mistakes
- Identifies own need for guidance, support, or collaboration
- Recognizes own place in the community

SDL: Taking Responsibility

- Engages with the class discussion
- Challenges oneself
- Adapts based on past experiences, including successes, challenges, and mistakes

CS: Awareness of Others

- Demonstrates respect, patience, and open-mindedness towards others
- Recognizes others' differences and similarities, including strengths and challenges
- Recognizes others perspectives, feelings, and needs
- Relates to the experiences of others through remembering how one felt or imagining how one might feel in similar situations
- Looks at events and experiences from diverse points of view
- Makes connections to the experiences, perspectives, and feelings of others.

CS: Collaboration

- Seeks to understand and achieve the goals of the activity
- Participates in a variety of roles (speaker & listener)
- Makes contributions based on own perspectives and experiences
- Motivates and inspires others
- Supports others through words and actions
- Encourages others to support one another

B: Content Knowledge

- Students should know the purpose of this activity and why the class is doing it, despite it not appearing directly related to Biology.

C: Understandings

- Students should understand that all people have successes and difficulties in their lives, and that these experiences shape people into who they are
- Students should internalize that school and class is only one part of each person's life, and that although it is important it does not tell the whole story of who a person is.
- Students should internalize that they have common experiences with many others, and that they are not the only ones processing the particular challenges of their lives

Assessment evidence to be used for lesson:

- Observation of students

Lesson Agenda:

- Introduce the idea of this lesson plan and explain the grant
- Model the activity by sharing a success and a challenge
- Pass the stuffed microbe (speaker holds the microbe) to the first volunteer
- Conclude activity by reminding students that we all have successes to celebrate, and challenges to face (even those who appear to "have it all together")

How will the class period be divided?

What grouping strategies will be used?

How is the lesson or topic connected to prior lessons? What will be the entry point?

How will skills be modeled and practiced?

How will questioning, analysis and discussion be used?

How will the lesson conclude?

How will you use homework or other checks for understanding?